ERCP GENERAL INSTRUCTIONS

IMPORTANT: STOP THE FOLLOWING:

PLEASE CHECK WITH THE DOCTOR WHO PRESCRIBED THESE FOR YOU BEFORE STOPPING THEM:

♦ 7 Days Prior To Your Procedure:
  • All aspirin and NSAID’s: Aleve, Motrin, Advil, Naprosyn, Ibuprophene, Ecotrin, baby aspirin, Excedrin, etc.
  • All Anti-platelet medications: Plavix(clopidogrel), Pletal, Ticlid, Aggrenox, Anagrelide—or any new meds not mentioned
  • Herbal supplements: Ginkgo Biloba

♦ 5 Days Prior To Your Procedure:
  • All blood thinners: Coumadin, Warfarin, Aggrenox, etc.

♦ 3 Days prior To Your Procedure:
  • Pradaxa blood thinner

♦ 2 Days Prior To Your Procedure:
  • Iron supplements

♦ 12 Hours Prior To Your Procedure:
  • Lovenox

DAY BEFORE THE PROCEDURE:
  • You may eat and drink normally

DAY OF THE PROCEDURE:  **VERY IMPORTANT!!!**
  • NOTHING TO EAT AFTER MIDNIGHT AND NOTHING TO DRINK FOR 8 HOURS BEFORE THE PROCEDURE

DAY OF THE PROCEDURE: You will be instructed to arrive at least 2 hours before your scheduled procedure time in order to properly prepare for the procedure.
  • You will be sedated or have general anesthesia for this exam (unless you specifically ask not to be sedated) and **will need to have a driver home**. Taxi cab will not be sufficient, **IF YOU DO NOT HAVE A DRIVER HOME YOUR APPOINTMENT WILL BE CANCELLED / RESCHEDULED**.
  • You can expect to be in the GI Lab approximately 4 to 6 hours total.
  • You will not be allowed to drive until the day after the procedure and you not be allowed to go back to work that day.

MEDICATIONS:
  • You may take heart, blood pressure and seizure medicines with a sip of water up to 4 hours prior to your scheduled procedure time.

DIABETICS:
  • Insulin Dependent: No insulin or may take ½ of normal insulin dose depending on AM blood sugar. May take ½ glass of CLEAR juice if blood sugar is low.
  • Oral glucose medication: Do not take.

<table>
<thead>
<tr>
<th>Clear liquids include:</th>
<th>(NO RED OR PURPLE)</th>
<th>Diabetics use sugar free drinks</th>
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</thead>
<tbody>
<tr>
<td>Most any fluid you can see through (no alcohol)</td>
<td>Coffee or tea without milk or non-dairy creamer.</td>
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<tr>
<td>Water</td>
<td>Gatorade or other clear electrolyte solution</td>
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<tr>
<td>Clear fruit juices without pulp (apple, white grape, lemonade)</td>
<td>Clear broth, bouillon (chicken or beef)</td>
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<td>Lemonade, kool aid or crystal light drinks</td>
<td>No noodles or solids in soup</td>
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<tr>
<td>Jello (lemon, lime or orange) No fruit or toppings</td>
<td>Pop (regular or diet) Ginger ale, Sprite, 7 Up, etc</td>
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