

SUPREP: Bowel Preparation

You will need to obtain your prescribed SUPREP bowel prep kit.

**Day Before Procedure
Start Clear Liquid Diet**



**Evening Before Procedure
Take First Dose of
Prep Solution at 5 PM**



**8 Hours Prior to Procedure
Take Second Dose of
Prep Solution**



**6 Hours Prior to Procedure
Stop Drinking**

One day before your colonoscopy: Start a clear liquid diet.

No solid food starting when you wake up the day before your procedure.

The day before your colonoscopy: Take your first dose at 5 PM.

Step 1: Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.

Step 2: Add drinking water to the 16-ounce line on the mixing container and mix.

Step 3: Drink **ALL** the liquid in the container.

Step 4: You **must** drink two (2) 16-ounce glasses of water over the next hour.

You should continue drinking clear liquids until you go to bed.

Eight hours prior to your colonoscopy: Take your second dose of prep solution.

Repeat steps 1 through 4. You must start your second dose at least (8) eight hours prior to your procedure time.

Six hours prior to your colonoscopy: Stop drinking and have nothing more by mouth.

IF YOU DO NOT STOP DRINKING (6) SIX HOURS BEFORE YOUR PROCEDURE, YOUR PROCEDURE MAY BE CANCELLED.

A list of frequently asked questions is available at www.agcosprings.com

A nurse is available for questions Monday through Friday from 8am-4pm. Call 785-3500 press option 2.